

January 8, 1964

Darling:

You were great today and now I can quit tiptoeing and relax myself and unknot the muscles in my stomach.

I want to take up the following things with you:

1. I hope that on Friday (Jan 10) anytime after 8:30 ~~am~~ you can see Dr. Hans Kraus - the exercise specialist who provided President Kennedy with a schedule to keep him physically fit. You have no appointments until 10 am, on ~~either Friday or Saturday~~ ~~if Saturday should be your preference~~. Dr. Cain will be in town on Friday and it might be nice for him to be present if he arrives early enough. Perhaps Lucy could also be present and get some advice on posture if it is on Saturday -- and I am sorry I will be out of town if you decide on Saturday. Please read the attached memo from Dr. Berkley.

2. I am planning on having 2 small intimate luncheons per month as a minimum with 16 guests in the upstairs family dining room -- just enough for a good talk and really feeling that you've gotten acquainted -- and maybe a trip around the 2nd Floor. I will include at each several Senate wives with special emphasis on certain Committees; several House wives, remembering those of course who were my volunteer workers; probably 1 Democratic Governor's wife; and 2 or so women of achievement in various

fields; and 1 newspaperwoman. Please look at the enclosed list and give me your opinion.

3. I have a couple of additions to the upcoming State dinners which are enclosed.

4. On January 20, I want very much to go to New York for the opening and inauguration of The Repertory Theatre of Lincoln Center -- see the enclosed telegram -- mainly because the theatre is my own self-indulgence. I would like to go in the morning and spend the day looking at pictures with Mary Lasker and getting photographs of those that might be borrowed from various museums to be used in your office, the Fish Room, and possibly the room which we call our small sitting room (the West Hall on the 2nd Floor) unless that is sacrosanct ground. The next day, Tuesday, January 21 I want to spend looking at clothes which will be brought to my hotel room probably by a representative of Stanley Marcus or maybe someone else.

That is all, dearest.

Love
Bird

Dorothy:

This appeals to me. It
was a letter Mrs. J dictated
the night after the State
of the Union speech. She
did the pencil markings.

ashton